



The Tudor Centre for Sexual Health

Information for patients

Information and advice on sexual health, & screening for sexually transmitted infections, including treatment and care for people with HIV and AIDS.

Please do not pass urine before your consultation

This leaflet will help you understand more about your tests and the results. The information you give when registering is confidential, it will not be given to anyone without your consent. This includes other hospital staff, GPs, parents/guardians and partners. However, if your GP referred you by letter, we will write to your GP with your results. Please say if you do not want this.

The doctor or senior nurse will ask you about your past medical history, the reason for your visit and conduct an examination of the genital area. A doctor/nurse will then take the appropriate test, usually swabs and a sample of blood or urine.

The following conditions are routinely looked for (other tests may be done, depending on your symptoms): -

GONORRHOEA

This is a bacterial sexually transmitted infection. A urine test or genital swabs will be taken; results will be available within approximately 10 days. It is treated with antibiotics.

CHLAMYDIA

This is a bacterial sexually transmitted infection. A urine test or genital swab is taken and the results are available within approximately 10 days. It is treated with antibiotics.

NON-SPECIFIC URETHRITIS (NSU) (MEN ONLY)

This is inflammation of the urethra. If present, it will be found at the time of your visit with a swab and maybe a urine sample, and is treated with antibiotics.



TRICHOMONAS (TV) (WOMEN ONLY)

This infection may cause vaginal discharge and discomfort. If you have TV it will be detected from a vaginal swab at the time of your visit and is treated with antibiotics.

CANDIDA (THRUSH)

This common fungal infection may cause vaginal itching and discomfort in women or a rash on the penis in men. It usually has a typical appearance and can be found by taking a swab during your visit. It is usually treated with a vaginal pessary and cream, but if you have no symptoms it does not need to be treated.

BACTERIAL VAGINOSIS (BV) (WOMEN ONLY)

This condition may cause vaginal discharge and is caused by an imbalance of the normal vaginal bacteria. If present it will be found on a vaginal swab at the time of your visit and can be treated with antibiotics.

GENITAL WARTS

These are due to human papilloma virus infection and may be seen on examination. Treatment can commence at your visit.

SYPHILIS (STS)

Syphilis is an infection that can often only be detected on a blood test. This is offered routinely to all new patients and those who have not attended for some months. The results are available within 1-2 weeks, and treatment is with antibiotics.

HIV ANTIBODY TEST - HUMAN IMMUNODEFICIENCY VIRUS

This test is routinely offered but is not performed without your consent. It looks for antibodies to HIV, which take up to three months to show up in the blood after infection. This is not a test for AIDS. The issues surrounding HIV infection will be explored with you in a pre-test discussion.

HEPATITIS A, B AND C

(Viral infections causing inflammation of the liver). These blood tests will be offered to you if you are considered to be at risk of infection. They will detect whether you have been exposed to the viruses and in some cases you may be offered a vaccination.



URINE TEST

You will be asked to give a urine specimen, taken to screen for urinary tract infection.

REFERRAL FOR TERMINATION

CONTRACEPTION

- Emergency Contraception (women only) This is available, if necessary, within 72 hours of any unprotected sex. Please ask your doctor or nurse.

CERVICAL SMEARS (WOMEN ONLY)

Not done routinely, as it is usually better to have these done by your GP. However, it is available in some circumstances. If you do have a cervical smear here, you will need to provide your address and your GP's address.

Results are in writing within 4-6 weeks.

The Health Advisor

You may be referred to a Health Advisor if:

(a) You request an HIV antibody test.

This gives you the opportunity to ask questions and explore some of the issues about the HIV antibody test. It is important that you know the facts, and the implications of the result before you proceed.

(b) You have a sexually transmitted infection.

You will be given information about the infection(s), safer sex advice, and to address any questions or concerns you may have.

(c) If you would like further discussion / information on any sexual health matter.

Some of the infections discussed here are sexually transmitted. If your test result is positive, your sexual partner(s) should also be tested. If you feel unable to tell your partner, please let us know and we will try to help. Remember, all information you give us is completely confidential.

It is your responsibility to ensure that the clinic has your correct contact details.



If one of your tests has come back showing you need treatment, or we need to contact you for any reason and we have been unable to get you on the telephone, your text will say: 'Please contact advisors 01895 279236'.

IF WE ASK YOU TO CONTACT US IT IS VERY IMPORTANT THAT YOU DO SO.

Languages/ Alternative Formats

Please ask if you require this information in other languages, large print or audio format. Please contact: 01895 279973

Fadlan waydii haddii aad warbixintan ku rabto luqad ama hab kale. Fadlan la xidhiidh 01895 279 973

தயவுசெய்து, வேற்று மொழிகளில் இத் தகவல்கள், கட்டுமானம் தேவையெனில், கேளுங்கள்.! தயவுசெய்து 01895 279973 இலக்கத்துடன் தொடர்பு கொள்ளுங்கள்.!

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਵਿਸ਼ੇ ਹੋਰ ਭਾਸ਼ਾ, ਵੱਡੀ ਲਿਖਾਈ ਜਾਂ ਦੂਜੀ ਸੁਰਤ ਵਿੱਚ
ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਸੁਨਣਾ ਚਾਹੁੰਦੇ ਹੋ ਤਾਂ ਕ੍ਰਿਪਾ ਕਰਕੇ **01895 279973** ਤੇ
ਸੰਪਰਕ ਕਰੋ।

Jezeli chcialbys uzyskac te informacje w innym języku lub w duzej czcionce popros pracownika oddzialu o kontakt pod numerem telefonu: 01895 279973

各國語言/模式選擇

若你需要以下資料改為其他語言，大寫，或其他模式例如收音式或盲人字體的話，請電 01895 279973。

إذا كنت تود الحصول على هذه المعلومات بلغة أخرى، بالأحرف الكبيرة أو بشكل شريط صوتي، يمكنك أن
تطلبها من موظف القسم عن طريق الاتصال بالرقم 01895 279973 أو عبر البريد الإلكتروني