Flexible sigmoidoscopy discharge information

Following your Flexible Sigmoidoscopy you may feel a little light headed, but this should pass once you have rested and had a drink.

In order to visualise the bowel properly and make a thorough investigation it is necessary to inflate it with air, this may give you some abdominal discomfort due to flatulence and “wind” type pain, which should settle down within a few hours.

Pain relieving tablets, such as the kind you would take for a headache, may be taken at home according to the manufacturers instructions.
If pain persists or you develop severe abdominal pain in the first 24 hours, do not hesitate to contact the Endoscopy Unit from 9am to 5pm on: 01895 279214
Outside of these hours please contact your GP/NHS Direct or the A+E Department.

It is not unusual to pass a small amount of blood following this investigation. However, if this becomes excessive, persistent or is accompanied by pain, please call for advice on: 01895 279214 0830-1700 hrs Monday-Friday, or outside of these hours please contact your GP/NHS Direct or the A+E Department.

IF YOU HAVE BIOPSIES TAKEN OR POLYPS REMOVED:

If a polyp has been removed or a biopsy taken from the bowel, this will be sent to the laboratory to be analysed. When a polyp has been removed you may pass small amounts of blood from your bottom when you go to the toilet. If bleeding persists or returns up to two weeks following the procedure, please contact the Endoscopy Unit on the number above.

Prescription given: Yes No
Bloods / X-rays / Scans: Yes No
Outpatient appointment: Yes No
Repeat: Flexi-sig Yes No
Languages/ Alternative Formats

Please ask if you require this information in other languages, large print or audio format. Please contact: 01895 279973

Fadlan waydii haddii aad warbixintan ku rabto luqad ama hab kale. Fadlan la xidhiidh 01895 279 973

Jeżeli chciałbyś uzyskać te informacje w innym języku, w dużej czcionce lub w formacie audio, poproś pracownika oddziału o kontakt z biurem informacji pacjenta (patient information) pod numerem telefonu: 01895 279973.

如果你需要這些資料的其他語言版本、大字体、或音頻格式，請致電01895 279 973查詢。

إذا كنت تود الحصول على هذه المعلومات بلغة أخرى، بالأحرف الكبيرة أو بشكل شرطي صوتي، يرجى الاتصال بالرقم التالي 01895279973.