Gastroscopy discharge information

IF YOU HAVE HAD SEDATION

Following your Gastroscopy, small amounts of sedation will remain in your body for up to 24 hours. During this period, although you may feel wide awake you may still be under the influence of the sedation. Your concentration and co-ordination may be impaired and you may feel light headed or faint. It is for these reasons that for 24 hours after your procedure you should not:

- Operate machinery or household equipment (kettle, cooker)
- Drive a car or motorcycle
- Take any alcohol or drugs other than those prescribed
- Sign any legal documents
- Look after young children or dependants alone.

IF YOU HAVE HAD THROAT SPRAY

A local anaesthetic spray has been used to numb your throat during the procedure. This will normally take up to ½ an hour (30 minutes) to wear off. You should not eat or drink during this time.

What to expect following the procedure:

You may have a sore throat that can last for up to 48 hours. This will wear off but simple lozenges may help. You may also feel bloated if some of the air has remained in the stomach. Sitting upright or walking around, drinking warm drinks, peppermint water or peppermint tablets may help the wind to pass.

Pain relieving tablets, such as the kind you would take for a headache, may be taken at home according to the manufacturers instructions. If you experience any severe pain in the chest, neck or abdomen, fever or difficulty in breathing within the first 24 hours you should contact the Endoscopy Unit between 09.00-5:00pm Monday to Friday on 01895 279214. Outside of these hours please contact your GP/ NHS Direct or the A+E department.
Prescription given:  Yes  No  
Bloods / X-rays / Scans:  Yes  No  
Outpatient appointment:  Yes  No  
Repeat Gastroscopy:  Yes  No  
Biopsies taken:  Yes  No  
Clo taken +ve / -ve  Yes  No  

Languages/ Alternative Formats
Please ask if you require this information in other languages, large print or audio format. Please contact:  01895 279973

Fadlan waydii haddii aad warbixintan ku rabto luqad ama hab kale. Fadlan la xidhiidh 01895 279 973

Jeżeli chciałbyś uzyskać te informacje w innym języku, w dużej czcionce lub w formacie audio, poproś pracownika oddziału o kontakt z biurem informacji pacjenta (patient information) pod numerem telefonu: 01895 279973.

如果你需要這些資料的其他語言版本、大字体、或音頻格式, 請致電01895 279 973查詢。

إذا كنت تود الحصول على هذه المعلومات بلغة أخرى، بالأحرف الكبيرة أو بشكل شريط صوتي، يرجى الاتصال بالرقم التالي 01895279973.