Bare Below the Elbows
Patient Information

From 18th May 2009 all staff at The Hillingdon Hospitals NHS Foundation Trust that have contact with patients or that work within clinical areas are going ‘Bare Below the Elbows’. It is thought that long-sleeved clothing prevents thorough hand and wrist washing, which is vital to prevent the spread of infections such as MRSA and clostridium Difficile (C-diff). Bare Below the Elbows will mean that all staff in contact with patients will be able to effectively wash their hands and wrists between each patient.

All staff entering the clinical area that have responsibility for direct patient contact will adopt the Bare Below the Elbows’ dress code and will be required to wear short sleeves or ensure that their long sleeves are securely rolled up. Wrist watches and jewellery (other than a plain metal wedding band) must be removed.

The new initiative is based on guidance that supports the Department of Health’s Clean Safe Care strategy. Good hand hygiene is the single most effective way of reducing the risk of spreading infection between staff and patients and this initiative will help us to reassure you that trust staff are cleaning their hands in the most effective manner.

Patients and visitors are also reminded to play their part in helping to fight infection by using the alcohol hand gels provided at the entrance to all wards and departments before entering and leaving these areas.
Languages/ Alternative Formats

Please ask if you require this information in other languages, large print or audio format. Please contact: 01895 279973

Fadlan waydii haddii aad warbixintan ku rabto luqad ama hab kale. Fadlan la xidhiidh 01895 279 973

If you wish to obtain information in another language, large print or audio format, please contact us using the number provided: 01895 279973

Jezeli chcialbys uzyskac te informacje w innym języku lub w duzej czcionce popros pracownika oddzialu o kontakt pod numerem telefonu: 01895 279973

请询问您是否需要在其他语言，大字体或音频格式的信息。请联系：01895 279973

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اگر آپ کوئی معلومات کسی دیگر زبان میں بنایا چاہئے، پھر لیکن اس کے لئے بھی تجربہ بنا کر بیٹھنا چاہئے 01895 مخصوص نمبر پر تم اپنی معلومات انجام دیں۔