Infection Prevention & Control

Information for Patients & Visitors who are in Single Rooms for Infection Control Reasons (Isolation)

During or on your admission it may be necessary to move you into a single room for infection control reasons (often referred to as Isolation). This is undertaken as part of a number of infection prevention measures, as you are either known or suspected to have a virus or infection. The team responsible for your care will explain to you the reason for the single room and precautions that we need to take.

In order to protect you, visitors and staff we ask that you comply with the following simple procedures to help us prevent the spread of infection.

What to expect from us

- You will be given clear information on the reason for isolation
- We will place a sign on the room door which has ‘Isolation’ at the top
- Staff will clean their hands on entering and leaving the room
- When undertaking clinical care staff will wear gloves and aprons (in some cases a face mask may be necessary)
- The rubbish bag will be orange or yellow in colour (this is standard colour coding to meet waste regulations)
- We will remove all used linen promptly from your room
- We will try to provide you with a single room with en-suite facilities, however this is not always possible, and so a dedicated commode may be provided in your room.
- We will adapt our care to your personal circumstances eg: Physiotherapy or Occupational Therapy Assessments
- We have a number of information leaflets on specific infections (eg: MRSA, Clostridium difficile, Salmonella and diarrhoea and vomiting) if you would like to read these, please ask a member of staff to provide them for you.
What we expect from you

• Remain in your room unless otherwise instructed to do so
• Refrain from visiting any other patient on the ward or in the next single room.
• Ensure that you clean your hands before eating and after using the toilet. If you are unable to reach the sink please ask a member of the nursing staff to provide hand washing facilities
• We encourage you to ask visitors NOT to bring in any food cooked at home or from other outside food facilities. Snacks, biscuits, crisps etc are acceptable
• Keep your personal articles to a minimum, so that the table and locker tops are uncluttered and easy to keep clean.

What we expect from your visitors

Please share this part of the leaflet with your visitors:

• Do not visit the hospital at all if you have recently been unwell or have just recovered from diarrhoea and vomiting within the previous 48 hours
• Clean your hands on entering and leaving your room
• You do not usually have to wear gloves or aprons unless providing personal care to your relative
• Do not visit other patients within the hospital
• Do not bring young children to visit as they are particularly susceptible to infection.
• Refrain from sitting on beds and use the plastic chairs provided.
• Limit visitors to a maximum of two people
• Avoid bringing food and beverages to eat at the bedside

We understand that being nursed in isolation can make you feel alone, please let the nursing staff know if you have any concerns or require anything else and we will try to make your stay as comfortable as possible.

If you would like to speak to the infection control team please let the nurse in charge know who will make arrangements for you.
Languages/ Alternative Formats

Please ask if you require this information in other languages, large print or audio format. Please contact: 01895 279973

Fadlan waydii haddii aad warbixintan ku rabto luqad ama hab kale. Fadlan la xidhiidh 01895 279 973

Jeżeli chciałbyś uzyskać te informacje w innym języku, w dużej czcionce lub w formacie audio, poproś pracownika oddziału o kontakt z biurem informacji pacjenta (patient information) pod numerem telefonu: 01895 279973.

如果你需要這些資料的其他語言版本、大字体、或音頻格式，請致電01895 279 973

إذا كنت تود الحصول على هذه المعلومات بلغة أخرى، بالأحرف الكبيرة أو بشكل شريط صوتي، يرجى الاتصال بالرقم التالي 01895279973.