



# Leaving Hospital

## PERSONAL INFORMATION

NAME:

HOSPITAL NUMBER:

CONSULTANT:

WARD:

## ESTIMATED DISCHARGE DATE:

Arrangements for your discharge from hospital will begin from the moment that you arrive at The Hillingdon Hospital NHS Trust. This forward planning ensures a smooth move out of hospital. It involves many of our staff working with you, your relatives and also carers.

## Your Discharge Date

Sometimes it's easy to work out how long a patient will be in hospital, if you have come in for planned treatment you may have already have been told this. As soon as it is clear you will be advised of your estimated date of discharge by one of the nurses. The healthcare team will work with you and your family/carers to ensure that your date of discharge is achieved; any changes to this will be discussed with you.

## Your Transport Home

As soon as you know your discharge date please arrange your transport. On the day they leave most patients are collected by a friend or relative as soon after 10 am as possible. Hospital transport is reserved for a small number of patients who have very special needs.

## The Discharge Lounge

On the day of your discharge you may be transferred to the discharge lounge. You will be able to wait comfortably here for your medication or until your transport arrives. The discharge lounge has an easily accessible pick up point to ease collection by car for your family/carer.

## Your Personal Belongings

Before you leave hospital please check that all your personal belongings have been packed safely, ready to take away. Any valuables stored in the hospital safe will be returned to you. Please make sure that you have warm and comfortable clothing to travel in.



## Discharge Interview

Before you leave the hospital your nurse will go through some important information with you, giving you an opportunity to ask questions. We will also ensure that you receive a discharge summary.

### Insert Grid/Table

<b>MEDICATION</b>	<b>DATE</b>	<b>INITIALS</b>
<b>Please take your medication as prescribed</b>		
I have been told the purpose of my medication		
I have been told how and when to take my medications		
I have been told of any side effects to watch out for		
If you have any queries about medication please contact our patient line number (01895-279652). Patient line is open Mon –Fri 10am-4pm (excluding bank holidays)		
<b>AFTER DISCHARGE</b>	<b>DATE</b>	<b>INITIALS</b>
<b>Please follow discharge advice as described</b>		
I have been told what I should and shouldn't do during my recovery		
I have been told of complications to watch out for		
Sutures or clips to be removed on:		
I have received my discharge summary		
I have been given written information about recovery: (name of leaflet) → →		
I have been given the contact numbers of any additional support that has been arranged.		
Community Matron		
District Nurse		
Social Services		
If you have worries or concerns 24-48hrs post discharge, contact the discharging ward and ask to speak to the Nurse in Charge Telephone number .....		



The Hillingdon Hospitals



NHS Foundation Trust

## Languages/ Alternative Formats

Please ask if you require this information in other languages, large print or audio format. Please contact: 01895 279973

Fadlan waydii haddii aad warbixintan ku rabto luqad ama hab kale. Fadlan la xidhiidh 01895 279 973

தயவுசெய்து, வேற்று மொழிகளில் இத் தகவல்கள், கட்டுமானம் தேவையெனில், கேளுங்கள்.! தயவுசெய்து 01895 279973 இலக்கத்துடன் தொடர்பு கொள்ளுங்கள்.!

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਵਿਸ਼ੇ ਹੋਰ ਭਾਸ਼ਾ, ਵੱਡੀ ਲਿਖਾਈ ਜਾਂ ਦੂਜੀ ਸੂਰਤ ਵਿੱਚ  
ਤੁਸੀਂ ਇਹ ਜਾਣਕਾਰੀ ਸੁਨਣਾ ਚਾਹੁੰਦੇ ਹੋ ਤਾਂ ਕ੍ਰਿਪਾ ਕਰਕੇ **01895 279973** ਤੇ  
ਸੰਪਰਕ ਕਰੋ।

Jezeli chcialbys uzyskac te informacje w innym języku lub w duzej czcionce popros  
pracownika oddzialu o kontakt pod numerem telefonu: 01895 279973

各國語言/模式選擇

若你需要以下資料改為其他語言，大寫，或其他模式例如收音式或  
盲人字體的話，請電 01895 279973。

إذا كنت تود الحصول على هذه المعلومات بلغة أخرى، بالأحرف الكبيرة أو بشكل شريط صوتي، يمكنك أن  
تصلنا على الرقم 01895 279973 أو عبر البريد الإلكتروني

اگر آپ کو یہ معلومات کسی دیگر زبان میں، بڑے الفاظ میں یا آڈیو طریقہ سے درکار ہوں تو برائے  
01895 279973 سے یہ معلومات اس شعبہ سے پیشینہ انفارمیشن سے ذیل کے ذریعہ رابطہ کرنے کی درخواست کریں:  
279973