Introduction
As part of Occupational Therapy, your Occupational Therapist (OT) will decide with you whether a home assessment is necessary to consider the practical issues associated with leaving hospital. A home visit involves you and the OT going to your home for around one hour and trying out selected everyday activities.

Your OT will arrange transport and decide with you who else should be present. You will need to discuss and organise the practicalities of outdoor clothes, shoes, keys and getting in to the property. During your Home visit, your OT will be assessing whether any equipment would help you achieve more independence; for example an adjustment to the height of your furniture.

The home assessment will involve everyday activities and provide you with a chance to practice all these tasks prior to returning home. This could include: walking around your home including stairs, getting on and off your bed or/and on and off the toilet and armchair, making a hot drink and practicing the use of appliances that you may use at home.

After the visit, your OT may recommend having some equipment or adaptations installed. This should make home life more comfortable for you and encourage you to maintain your independence. This, for example could be raising your armchair to make it higher and therefore easier for you to stand from.

Some of this will be arranged to be at home when you are discharged. Others may need referrals to other services who will get involved once you are at home. In some instances, you may not need to be present for the home assessment and this is called an Access Visit. This would only take place with your permission and a relative present if possible.
Details of the Home Assessment

Your name:…………………………………………………………………………………….

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Your name:…………………………………………………………………………………….

Your OT is:……………………………… OT team:……………………………………
Tel: 01895 ……………………………

The home assessment is planned for:

Date:…………………… Day:……………………….. Time:…………………………..

Please use this space to write any questions, comments or concerns you have about your home visit or access visit.

IF YOU ARE GOING ON THE HOME VISIT, YOU WILL BE COLLECTED FROM THE WARD AND RETURNED THERE BY THE OT OR ASSISTANT.

Useful Phone Numbers and Websites

Hillingdon Hospital Patient Advice & Liaison Service (PALS): 01895 279 973
http://www.thh.nhs.uk/Patients/Advice/pals.htm

Age UK Hillingdon (Age Concern and Help the Aged): 0208 756 3040
http://www.ageuk.org.uk

Hillingdon Independent Living Centre: 0208 848 8260
Hillingdon Mediquip: 0208 750 1580
Hillingdon Social Services: 01895 556 633 http://www.hillingdon.gov.uk
Languages/ Alternative Formats

Please ask if you require this information in other languages, large print or audio format. Please contact: 01895 279973

Fadlan waydi haddii aad warbixintan ku rabto luqad ama hab kale. Fadlan la xidhiidh 01895 279 973

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Jezeli chcialbys uzyskac te informacje w innym języku lub w dużej czcionce popros pracownika oddziału o kontakt pod numerem telefonu: 01895 279973

各国語言/模式選擇

若你需要以下資料改為其他語言, 大寫, 或其他模式例如收音式或盲人字體的話, 請電 01895 279973。