

Caring for patients following a nuclear medicine investigation

Information for patients

This leaflet provides information about caring for patients who have undergone a nuclear medicine investigation.

When a patient has received an intravenous injection of radioisotope, the patient's body fluids will remain radioactive for a period of time. The external radiation hazard to staff and other patients can be reduced provided these instructions are followed.

Please follow these instructions

- All attempts must be made to maximise the distance between the patient who has received the radioisotope injection and other patients/staff members on the ward.
- Avoid prolonged, close contact with the patient. Nurses and visitors who are pregnant should avoid these patients if possible.
- Encourage patients to drink plenty of fluids and empty their bladder frequently.
- Patients may use toilet facilities as normal. Avoid the use of bedpans or bottles if possible. Male patients should sit when using the W.C. to avoid contamination by urine splashes.
- Use disposable gloves and aprons if it is necessary to handle radioactive urine, linen or dressings which could be contaminated.
- Change soiled linen immediately. The waste and soiled linen should be stored in sealed bags away from main working areas. These items may be disposed of or laundered after 24 hours.
- Clean spills immediately and thoroughly with absorbent tissues. To prevent the spread of contamination always wear gloves, apron and overshoes if necessary.
- Avoid taking blood samples, urine or faecal collections. If samples are necessary on the day of the examination, please identify them as radioactive before they are sent to the Pathology Department. Wash hands at the end of the procedure. Procedure to be followed for a time period 24 hours post injection.

Who should I contact if I have a problem or question?

Further advice can be obtained from the Nuclear Medicine Department on ext 3368.

Languages/ Alternative Formats

Please ask if you require this information in other languages, large print or audio format.

Please contact: 01895 279973

Fadlan waydii haddii aad warbixintan ku rabto luqad ama hab kale. Fadlan la xidhiidh
01895 279 973

ਜੇ ਤੁਹਾਨੂੰ ਇਹ ਜਾਣਕਾਰੀ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਜਾਂ ਰੂਪ ਵਿੱਚ ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕ੍ਰਿਪਾ
ਕਰਕੇ ਪਤਾ ਕਰਨ ਲਈ 01895 279973 ਤੇ ਸੰਪਰਕ ਕਰੋ

برائے مہربانی بے تہائوں کے اطلاع کے اور زبان یا انداز و جچا ہی دی اے تے پتہ کرن لئی
رابطہ کرو

தயவுசெய்து, வேற்று மொழிகளில் இத் தகவல்கள், கட்டுமானம்
தேவையெனில், கேளுங்கள்.! தயவுசெய்து 01895 279973
இலக்கத்துடன் தொடர்பு கொள்ளுங்கள்.!

Jeżeli chciałbyś uzyskać te informacje w innym języku, w dużej czcionce lub w formacie
audio, poproś pracownika oddziału o kontakt z biurem informacji pacjenta (patient
information) pod numerem telefonu: 01895 279973.

如果你需要這些資料的其他語言版本、大字体、或音頻格式，請致電01895 279 973 查詢。

إذا كنت تود الحصول على هذه المعلومات بلغة أخرى، بالأحرف الكبيرة أو بشكل شريط صوتي، يرجى
الاتصال بالرقم التالي 01895279973 .