NM Lung Perfusion scan

Patient information
This leaflet will provide you with information about a Lung Perfusion scan.

What is a Lung Perfusion scan?
A lung scan is an accurate, non-invasive way of evaluating perfusion of the lungs.

Preparation for the Lung Perfusion scan
No preparation is required other than we ask you to be well-hydrated. You may eat and drink prior to your appointment and take your medication as prescribed by your doctor.

Please inform us before you attend:
- If you are or think you may be pregnant
- If you are breastfeeding
- If you have problems weight bearing and need a hoist to be transferred
- If you are unable to lie still and flat on your back for 45 minutes

Pregnancy and breastfeeding
It is important that you notify the Nuclear Medicine SPECT CT staff if you are (or think you could be) pregnant or are breastfeeding prior to your scan. This study is not suitable for pregnant women because of the radiation dose to the growing foetus. Women who are looking after very young children will be given appropriate advice by the Nuclear Medicine SPECT staff. This is because a small amount of radioactivity may be released from the body for a period of time after the scan.

The Lung Perfusion scan
In the Nuclear Medicine SPECT CT Department you will receive a radioisotope injection. This will be followed immediately by scans of your lungs which will take a total time period of 45 minutes.

After effects of a Lung Perfusion scan
There are no known after effects from a Lung Perfusion scan.

The radioisotope can take up to 24 hours to discard from the body so you will be advised to drink plenty of fluids and to empty your bladder often. This assists the radioisotope to discard from your body quickly. You will be able to drive and travel by public transport after your scan.

What are the risks of a Lung Perfusion scan?
The amount of radiation that you will receive from this investigation is very low and similar to the natural background radiation we all receive from the environment over a maximum period of 5 months.

Where is a Lung Perfusion scan performed?
The Lung Perfusion scan is only performed in the Nuclear Medicine SPECT CT Department which is situated in the X-Ray Department. On arrival, please book in at X-Ray Reception on the Ground Floor, close to the Outpatient Entrance.
As there is limited parking at the hospital, please allow extra time when planning your journey. If possible, please use public transport.

Who can accompany me for the scan?
We would prefer that you do not bring more than one person with you.

Please note there are no childcare facilities available and children regrettably are not permitted to enter the examination rooms, unless they are having a scan.

Results of the Lung Perfusion scan?
The Lung Perfusion scan images will be reported by a Nuclear Medicine Radiologist and the report will be forwarded to the doctor who requested the scan.

Travel Abroad
If you intend to travel abroad within five days of your scan please keep your appointment letter to take with you when you travel.

Diabetic Patients
Please phone 01895 279368 for further instructions.

Diagnostic Imaging Dataset (DID)
Information from your diagnostic test will contribute to the Diagnostic Imaging Dataset (DID). This is a secure database that holds information on the imaging tests and scans carried out on NHS patients. This will allow the Health and Social Care Information Centre to see how different tests are used across the country. Anonymised images may also be used for educational and academic purposes, both nationally and internationally.

Nothing will be reported that identifies you. It is only made available to appropriate staff and kept strictly confidential. However, if you do not want your information to be stored in the DID, please let us know on the day of your scan and we will make sure your information is not copied into the DID.

Who should I contact if I have a problem or question?
Monday to Friday, 8am to 4.30pm – please contact Nuclear Medicine SPECT CT Department on 01895 279368. Out of hours you should contact your GP.
Languages/Alternative Formats
Please ask if you require this information in other languages, large print or audio format.
Please contact: 01895 279973.

Fadlan waydii haddii aad warbixintan ku rabto luqad ama hab kale. Fadlan la xidhiidh 01895 279973

Jeżeli chciałby uzyskać te informacje w innym języku, w dużej czcionce lub w formacie audio, poproś pracownika oddziału o kontakt z biurem informacji pacjenta (patient information) pod numerem telefonu: 01895 279973.

إذا كنت تود الحصول على هذه المعلومات بلغة أخرى، بالأحرف الكبيرة أو بشكل ضبط صوتي، يرجى الاتصال بالرقم التالي 01895279973.

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